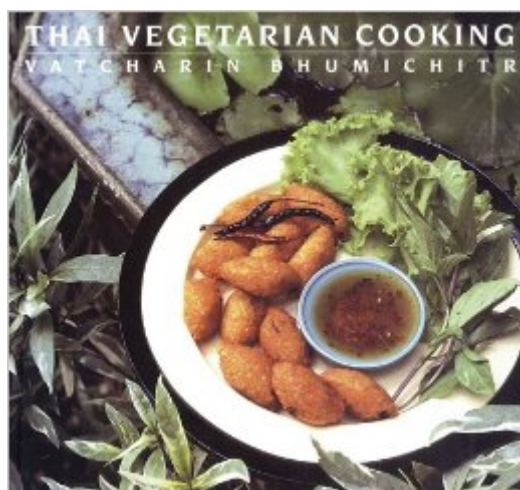


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Thai Vegetarian Cooking



Synopsis

In Thai Vegetarian Cooking Vatcharin Bhumichitr has put together his own selection of original Thai vegetarian dishes. Subtly combining the flavours of China and India with a dash of its own inimitable style, Thai food is an exotic concoction of rapidly-cooked fresh ingredients, herbs and spices. Quick to prepare, it is an authentically delicious cuisine for vegetarians or indeed anyone seeking a healthier, meat-free diet. The 130 recipes range from the seductively delicate 'crispy rice with coconut and mushroom sauce' to the more robust and tangy 'stir-fried chilli with water chestnuts'. There are soups, starters and one-dish meals, and a selection of more elaborate delicacies, including curries, main dishes and desserts to tantalize and captivate the palate. Along with advice on equipment, ingredients and how to plan a full Thai meal, the author also creates an evocative picture of Thailand as he explores the religious and cultural importance of vegetarian food in his homeland. Containing atmospheric location photography and succulent food images, this book is both a travel companion and culinary guide.

Book Information

Hardcover: 160 pages

Publisher: Pavilion Books (October 2003)

Language: English

ISBN-10: 1862055807

ISBN-13: 978-1862055803

Product Dimensions: 9.3 x 9.3 x 0.7 inches

Shipping Weight: 1.8 pounds

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (10 customer reviews)

Best Sellers Rank: #921,205 in Books (See Top 100 in Books) #97 in [Books > Cookbooks, Food & Wine > Asian Cooking > Thai](#) #1097 in [Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Non-Vegan Vegetarian](#) #8758 in [Books > Cookbooks, Food & Wine > Regional & International](#)

Customer Reviews

For people who long for a taste of true Thai cuisine, this cookbook offers recipes for many well- and little-known authentic Thai dishes. For example, my mother used to make the "White Radish Cake with Beansprouts" for me when I was growing up, but I've never seen it on any menu in the States. Now I can make it myself! A few of my friends have bought this cookbook, and without exception, each one loves it. A couple of my favorites are the hot and sour vermicelli salad and chickpea

curry. These recipes are the genuine thing and even if you're not a vegetarian, you will enjoy the recipes. If you are a vegetarian, you will be delighted with the variety of tastes and textures to discover.

I wish I had found this book a long time ago. It would have saved me much \$\$\$. This book has all the classic Thai recipes you would want (and for some reason many Thai cookbooks aren't all inclusive) - Pad Thai, Pad Si Ew, Mee Krob, Laad Nah, Curry Pastes, etc., etc. And, judging from past experience and other books I've read, the recipes look genuine, practical, and delicious. I'm vegetarian; however, you could easily add meat into these dishes if you'd like. If you only looking to get one Thai cookbook this is it.

One of the most authentic Thai cookbooks I've used. English and Thai names of the recipes are included as well as great pictures that inspire. Lots of tasty curries which I love (have only tried a couple so far but all have been tasty). Ingredients are all things we can find in the store or easily online for something like kaffir lime leaves. Highly recommend this one.

This is one of the best cookbooks I know of. And it's also one of the healthiest - there's no dairy in it. It's a shame the book's out of print because the recipes are simple and delicious. Worth tracking down a copy.

this book is totally different from other vegetarian cookbooks, it does not just make substitutions for meat and fish, but has original recipes and very different from the fare that you come across in Thai restaurants, it also talks about the culture, as well as where the recipes are from, so if you ever go to Thailand you can try them out, the author has done some good research on the recipes.

Thoroughly enjoyed reading it

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